



Fonda-Fultonville

CENTRAL SCHOOL DISTRICT

A Legacy of Families First

Parent/Guardian Notice *Student Weight Status 2025-2026*

As part of a required school health examination, a student is weighed and their height is measured. These numbers are used to figure out the student's body mass index or 'BMI'. The BMI helps the medical practitioner or nurse know if the student's weight is in a healthy range, or is too high or too low. The number is used as a way to improve the health and well-being of our students.

Recent changes to the New York State Education Law require the BMI and weight status group be included as part of the student's school health examination. Our district schools are at times required to take part in a survey by the New York State Department of Health. The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier.

As part of the survey, we will be reporting to the New York State Department of Health information about our students' weight groups in grades **Pre-K, K, 2, 4, 7, and 10**. **Only summary information is sent for the school district. No names and no information about individual students are sent, only numbers for groups of students that are collected from their health examination.** However, you may choose to have your child's information excluded from this survey report.

If you **do not wish** to have your child's weight status group information included as part of the New York State Health Department's 2025-2026 Survey, please fill out and sign the form below and return it by **December 1st, 2025**, to the school nurse's office:

Jolyn Giardino-Bloom, RN

Brittney Mancini, LPN
Fonda-Fultonville Central School District
112 Old Johnstown Road
Fonda, NY 12068

Abbigail Furman, LPN

Telephone: (518)853-3332 extension 5010 Fax: (518)853-4426

Please **DO NOT** include my student's weight status information in the 2025-26 New York State BMI School Survey.

Student's Name

Grade

Date

Printed Parent/Guardian Name

Parent/Guardian Signature